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Since publication of their article, the authors report no further potential conflict of interest.

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## Challenges for Small Biopharmaceutical Companies

**TO THE EDITOR:** Moscicki and Tandon (Feb. 2 issue)<sup>1</sup> present the challenges faced by small biopharmaceutical companies, particularly the small number of patients available for clinical trials involving rare diseases. In our opinion, these challenges are relevant across the whole spectrum of diseases, even the common ones. The “-omics” technologies are leading to an ever-better molecular characterization of diseases, taking into account not only clinical characteristics but also genomic and epigenomic ones. For example, for decades colorectal cancer was considered to be a homogeneous entity and was treated as such. However, as colorectal cancer becomes better categorized by its molecular characteristics (e.g., *KRAS* negative–*BRAF* V600E positive), we may end up with many different types of colorectal cancer, some of which have been discovered and are now being treated according to their molecular status.<sup>2</sup> In effect, this new understanding of colorectal cancer means that in the future each of these distinctive cancers could qualify as a rare disease, making the recruitment of patients for trials difficult and thereby triggering the need for new drug-development strategies.<sup>3</sup>

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No potential conflict of interest relevant to this letter was reported.

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**TO THE EDITOR:** Moscicki and Tandon suggest that small companies might use historical controls or surrogate end points to demonstrate the efficacy of a drug with small samples. However, the diseases they presented as possible targets for such an approach — Pompe’s disease, Fabry’s disease, and cystic fibrosis — support the principles of drug evaluation as now applied to rare diseases in adequately calibrated, randomized, controlled trials (RCTs). Sample size depends on effect size. When the effect size is large, a very small sample allows measurement of efficacy: there is no need to conduct an RCT to evaluate the efficacy of a parachute. Similarly, the use of an intermediate (surrogate) end point may be convincing when the treatment effect for this end point is so huge that there is almost no doubt that it will translate to clinical benefit for patients.

We believe that there need not be exceptions to the quality of an RCT because of the size of the pharmaceutical company conducting it or because the disease is rare. Experimental designs and modeling techniques that optimize trial designs should be developed<sup>1,2</sup>; regulatory agencies might encourage high-quality research in this area.

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No potential conflict of interest relevant to this letter was reported.

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**THE AUTHORS REPLY:** We agree with Evangelatos and Brand that the promise of “-omics” profiling for therapeutic decision making is exciting. It is also true that high-throughput “-omics” technologies may allow for more informative characterizations of disease that will better predict both the clinical course of an individual patient and the treatment effect derived from new and existing therapeutic interventions.<sup>1</sup> This point is illustrated in our article in the discussion of cystic fibrosis. However, significant challenges remain regarding the clinical application of molecular tumor profiling, especially for situations in which the mutation of interest is infrequently detected. Currently, various clinical trial designs are being developed to address both the statistical and the clinical challenges involved in the treatment of cancer.<sup>2,3</sup>

In response to Cornu et al.: We are concerned that there may be a misperception that we meant to imply that small biopharmaceutical companies can simply use historical controls or surrogate end points to demonstrate the safety and efficacy of their products. Rather, we agree with Cornu et al. that the RCT should always be the preferred choice when the goal is to demonstrate the safety and efficacy of a therapeutic intervention, irrespective of the size of the biopharmaceutical company. Our goal in the article was to present the variety of approaches (including the use of historical controls and surrogate end points in studies of rare diseases) that have been used by small biopharmaceutical companies. Regarding the use of historical controls, these are useful only in special circumstances, when placebo controls are particularly problematic, when an objective, well-defined, end point is available, and when a large treatment effect is anticipated. It should also be noted that historically, small biopharmaceutical companies have turned to the treatment of rare diseases because the development of related trials is perceived to be less

costly and regulatory authorities may exercise greater flexibility when reviewing clinical development programs for rare diseases.<sup>4</sup>

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Since publication of their article, Dr. Tandon reports being an employee of Ultragenyx Pharmaceuticals. No further potential conflict of interest was reported.

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